

MIRACOSTA COLLEGE

Plan A: Advisement Sheet

MiraCosta College General Education Requirements • Fall 2022–Summer 2023

Plan A will satisfy general education requirements at MiraCosta College but will not satisfy all general education requirements for transfer to a CSU or UC campus and is not intended for students transferring to a four-year institution.

AREA A—Language & Reasoning

A1. English Composition	C	IP	N
A minimum of 3 semester units is required.			
* ENGL 100/100H			
A2. Communication & Analytical Thinking	C	IP	N
A minimum of 3 semester units is required. Select one course from any discipline.			
* BUS 147, 204/204H			
* BTEC 180/180H			
* COMM 101, 106, 207, 212			
* CSIT 123			
* ENGL 201/201H, 202/202H			
* MATH 64/64S, 102, 103/103S, 105, 106, 112, 115, 126/126S, 131/131H, 150/150H, 155/155H, 260/260H			
* PHIL 100, 110/110H			
* PSYC 104/104H, 105			
* READ 100			
* SOC 125			

AREA B—Natural Sciences

A minimum of 3 semester units is required.
Courses with a laboratory component are highlighted.

	C	IP	N
ANTH 101/101H, 101L/101LH, 105/105H, 190/190H			
ASTR 101/101L, 120, 201			
BIO 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 111L, 202, 204/204H, 220			
BTEC 108/108H			
CHEM 103, 103L, 112, 115/115H, 116, 140, 150/150H, 151/151H			
EART 106/106H; GEOG 101, 101L; GEOL 101/101H, 101L			
HORT 115, 116			
NURS 153; NUTR 100/100H, 120			
OCEA 101/101H, 101L			
PHSN 106, 106L, 108/108H			
PHYS 111/111H, 112/112H, 151/151H, 152/152H, 253/253H			
PSYC 260			

AREA C—Humanities

A minimum of 3 semester units is required.
Select **one** course from any discipline.

	C	IP	N
ART 100, 101, 103, 104, 157, 158, 159/159H, 201, 230, 232, 244, 254, 258, 259, 260/260H, 290			
AUTO 110			
CCS 230, 232			
COMM 111, 215			
DESN 107, 108			
DNCE 100/100H, 101/101H, 104, 105/105H			
DRAM 105, 130, 134, 222			
FILM 101/101H, 106, 111/111H, 112/112H, 211/211H, 212/212H			
FREN 101, 102, 121, 201, 202; GRMN 101, 102, 121, 201			
HIST 103/103H, 104/104H			
HUMN 101/101H, 201, 202, 205			
ITAL 101, 102, 103, 121, 201, 202; JAPN 101, 102, 121, 201, 202			
LIT 100, 101, 120, 122, 250/250H, 251/251H, 260/260H, 261/261H, 265/265H, 270/270H, 271			
MAT 105			
MUS 100, 112, 113, 114, 115, 116, 119/119H			
PHIL 101/101H, 102, 221; RELG 101/101H, 103, 105			
SOC 230, 232			
SPAN 101, 102, 201, 202, 205, 221, 222			

FOOTNOTES

Courses listed in two different areas may be used in either area but not both.

*Courses completed with a minimum grade of "C" or "P" can be used to meet the graduation competency requirements.

†Active duty military personnel and U.S. military veterans may satisfy E2 through submission of a military transcript that demonstrates the completion of Basic Training or Recruit Training (DD214, DD295, or other military transcript).

‡Courses completed in these categories may also satisfy other general education requirements.

AREA D—Social & Behavioral Sciences

A minimum of 3 semester units is required.
Select **one** course from any discipline.

	C	IP	N
ADM 100/100H, 200			
ANTH 102/102H, 103, 104, 107, 190/190H			
CCS 230, 232			
CHLD 113, 235			
COMM 120, 135, 220			
CSIT 160			
ECON 100, 101, 102			
GEOG 102, 104, 108			
GERO 101, 250			
HIST 100/100H, 101/101H, 102/102H, 105/105H, 106/106H, 107, 110/110H, 111/111H, 113/113H, 115/115H, 116/116H, 117/117H, 141/141H, 142/142H, 145/145H, 146/146H, 165			
PLSC 101/101H, 102, 103, 150			
PSYC 100, 101/101H, 103, 114, 115, 121/121H, 125, 170, 211			
SOC 101/101H, 102, 103, 105, 120, 130, 140, 230, 232, 250			

AREA E—Lifelong Learning

A minimum of 3 semester units is required. Select **one** course from either group.

E1. Technology & Information Fluency	C	IP	N
ACCT 101, 145; BUS 133; CS 101; CSIT 101, 110, 120, 137, 155; LIBR 101, 201/201H; MAT 120, 125, 150, 165, 180			
E2. Self-Development [†]	C	IP	N
BTEC 107; BUS 136, 147; CHLD 113; COUN 100; CSIT 160, 165; GERO 101, 250; HEAL 101, 205; INTR 100; NURS 283; NUTR 100/100H, 105, 125; PSYC 100, 115, 121/121H, 145, 170; SOC 145			

AREA F—Cultural Diversity[†]

A minimum of 3 semester units is required.

	C	IP	N
ADM 230			
BLST 240			
BUS 136, 160			
CCS 230, 232			
CHLD 210, 235			
COMM 215			
DNCE 104, 105/105H, 169; DRAM 222			
ETHN 207			
FILM 211/211H, 212/212H			
FREN 121			
GEOG 102, 104			
GERO 101, 130			
GRMN 121			
HIST 100/100H, 101/101H, 102/102H, 103/103H, 104/104H, 105/105H, 110/110H, 111/111H, 113/113H, 115/115H, 116/116H, 117/117H, 141/141H, 142/142H, 145/145H, 146/146H			
JAPN 121			
LIT 122, 270/270H, 271			
MUS 116, 119/119H			
NUTR 108			
PLSC 102			
PSYC 121/121H			
RELG 101/101H, 105			
SOC 120, 207, 230, 232, 240			
SPAN 101, 102, 200, 201, 205			

AREA G—American Institutions & History[†]

A minimum of 3 semester units is required.

	C	IP	N
HIST 110/110H, 111/111H, 116/116H, 117/117H, 141/141H, 142/142H, 145/145H, 146/146H, 165; PLSC 102			

Required Competencies

	C	IP	N
Reading			
Writing			
Mathematics			

LEGEND: C=Completed IP=In Progress N=Need

PROGRESS: Total Units Completed:

In Progress:

Need:

Plan A Frequently Asked Questions

MiraCosta College General Education Requirements

Associate Degree Requirements

- Unit/GPA: 60 degree applicable units with a minimum 2.0 GPA
- Residency: 12 units completed at MiraCosta College
- Major: A minimum of 18 units with a letter grade of "C" or better or "P" if taken pass/no pass. **Courses may be used to satisfy a major and a general education requirement.**
- General education
- Required competencies.

General Education Requirements

- Plan A: Complete Areas A–G.
- Courses that were completed to satisfy the same general education category at another California community college will be applied to that GE area at MiraCosta College.
- Active duty military personnel and U.S. military veterans may satisfy Area E2—Self-Development on the MiraCosta College general education pattern, Plan A, through submission of a military transcript that demonstrates the completion of Basic Training or Recruit Training (DD214, DD295, or other military transcript).
- Submission of a bachelor's degree from a regionally accredited college or university may be used to satisfy general education requirements in lieu of Plan A.
- Completion of Plan B (CSU GE) or Plan C (IGETC) will also satisfy general education requirements.

Required Competencies

Reading: Reading competency **must** be demonstrated by completing **one** of the following options:

- Complete one of the following with a minimum grade of "C" or "P": Reading 100, 101; English 100, 100H, 201, 201H, or 202, 202H; or equivalent
- Present proof of **one** of the following:
 - A score of 3, 4, or 5 on a College Board Advanced Placement English Examination
 - A score of 5 or better on the International Baccalaureate Higher Level English Test.

Writing: Writing competency must be demonstrated by completing **one** of the following options:

- Complete with a minimum grade of "C" or "P": English 100, 100H, 201, 201H, 202, or 202H at MiraCosta College or an equivalent course at another regionally accredited college or university
- Present proof of **one** of the following:
 - A score of 3, 4, or 5 on a College Board Advanced Placement English Examination
 - A score of 5 or better on the International Baccalaureate English Language A1 Higher Level Examination.

Mathematics: Math competency must be demonstrated by completing **one** of the following options:

- Pass a course in Area A2 that has the prerequisite of elementary algebra, with a grade of "C" or "P" or better
- Pass a MiraCosta College mathematics course numbered 64 through 270 or equivalent with a minimum grade of "C" or "P"
- Present proof of achieving **one** of the following minimum test scores:
 - A passing score on the College Board Mathematics Achievement Test (500 Level I; 600 Level II)
 - A score of 3, 4, or 5 on a College Board Advanced Placement Math Examination
 - A minimum score of 50 on a College-Level Examination Program Subject Exam (College Algebra, Pre-Calculus or Calculus)
 - A score of 4 or better on an International Baccalaureate Mathematics Examination
 - Achieve a qualifying score on a California Community College Mathematics assessment exam that gives clear placement into a math course that requires intermediate algebra as a prerequisite or has a traceable prerequisite to intermediate algebra.

Notes: Mathematics competency can also be met through the use of multiple measures established by the college, whereby a student is placed into a mathematics course numbered MATH 102 or above or is determined to have previously completed coursework comparable to a MiraCosta course that is designated as meeting the mathematics competency requirement. Students may also satisfy each competency requirement through submission of a bachelor's degree from a regionally accredited college or university.

Petition for Degree and/or Certificate

Students who expect to receive an associate degree and/or Certificate of Achievement must file a petition by the 30 percent deadline of the final semester leading to their graduation. (Students intending to graduate during the summer intersession may petition during the spring semester.) Official transcripts from all colleges attended (or concurrently attending), approved substitutions and waivers, educational plans, and any other necessary documents must be on file in the Counseling Office before a student submits a petition to graduate. Petitions submitted after the deadline are automatically processed in the subsequent semester.

Plan B: Advisement Sheet

CSU General Education-Breadth Courses • Fall 2022–Summer 2023



AREA A—English Language Communication & Critical Thinking

Three courses and a minimum of 9 semester units are required. Select **one** course from each group below.

A1.* Oral Communication:	C	IP	N
COMM 101, 106, 207			
A2.* Written Communication:	C	IP	N
ENGL 100/100H			
A3.* Critical Thinking:	C	IP	N
COMM 212; ENGL 201/201H, 202/202H; PHIL 100, 110/110H; PSYC 105; READ 100			

AREA B—Scientific Inquiry & Quantitative Reasoning

Three courses and a minimum of 9 semester units are required. Select **one** course from each group below. One course **must** include a corresponding laboratory from group B1 or B2. (Lab courses are highlighted.)

B1. Physical Science:	C	IP	N
ASTR 101, 101L, 120, 201; CHEM 103, 103L, 112, 115/115H, 116, 140, 150/150H, 151/151H; EART 106/106H; GEOG 101, 101L; GEOL 101/101H, 101L; NUTR 120; OCEA 101/101H, 101L; PHSN 106, 108/108H; PHYS 111/111H, 112/112H, 151/151H, 152/152H, 253/253H			
B2. Life Science:	C	IP	N
ANTH 101/101H, 101L/101LH, 105/105H, 190/190H; BIO 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 111L, 202, 204/204H, 220, 230 (F14); BTEC 108/108H; HORT 115 (F16), 116; NUTR 100 (F16)/100H; PSYC 260			
B3. Laboratory Activity:	C	IP	N
This requirement may be met by the completion of any lab course above in B1 or B2. (Lab courses are highlighted.)			
B4.* Mathematics/Quantitative Reasoning:	C	IP	N
A minimum of 3 semester units is required. BTEC 180/180H; BUS 147 (F18), 204/204H; CSIT 123; MATH 102, 103/103S (F22), 105, 106, 112, 115, 126/126S, 131/131H, 150/150H, 155/155H, 260/260H; PSYC 104/104H; SOC 104/104H, 125			

AREA C—Arts & Humanities

Select **one** course from C1 and **one** course from C2. Select a **third** course from either C1 or C2. A minimum of 9 semester units is required.

C1. Arts:	C	IP	N
ART 100, 101, 103, 104, 157, 158, 159/159H, 201, 234, 244 (F14), 254, 258, 259, 260/260H, 290			
COMM 111			
DESN 107, 108			
DNCE 100/100H, 101/101H, 105/105H			
DRAM 105, 130, 134, 222			
FILM 101 (F10)/101H, 106, 111/111H (F19), 112/112H (F19)			
MAT 105			
MUS 112, 113, 114, 115, 116, 119/119H			
C2. Humanities:	C	IP	N
ART 159/159H			
CCS 232			
COMM 215			
DESN 108			
DNCE 104			
FILM 111/111H, 112/112H, 211/211H, 212/212H			
FREN 101, 102, 121, 201, 202; GRMN 101, 102, 121, 201			
HIST 100 (F11)/100H (F11), 101 (F11)/101H (F11), 103/103H, 104/104H, 115/115H			
HUMN 101/101H, 201, 202, 205			
ITAL 101, 102, 103, 121, 201, 202; JAPN 101, 102, 121, 201, 202, 210 (F16)			
LIT 100, 101, 120, 122, 250/250H, 251/251H, 260/260H, 261/261H, 265/265H, 270/270H, 271			
MAT 105			
PHIL 101/101H, 102, 221; RELG 101/101H, 103, 105			
SOC 232			
SPAN 101, 102, 201, 202, 205, 221, 222			

AREA D—Social Sciences†

Select **two** courses. If both courses selected are from the same discipline, the CSU Area D upper-division course requirement, completed after transfer, must come from a different discipline. A minimum of 6 units is required.

	C	IP	N
ADM 100/100H, 200			
ANTH 102/102H, 103, 104, 105/105H, 107, 190/190H (F19)			
BLST 240			
CCS 230, 232			
CHLD 112 (F22), 113, 210, 235			
COMM 120, 135, 220			
CSIT 160			
ECON 100, 101, 102			
ETHN 207			
GEOG 102, 104, 108			
GERO 101, 250			
HIST 100/100H, 101/101H, 102/102H, 105/105H, 106/106H, 107, 110/110H, 111/111H, 113/113H, 115/115H, 116/116H, 117/117H, 141/141H, 142/142H, 145/145H, 146/146H, 165			
NUTR 108			
PLSC 101/101H, 102, 103, 150			
PSYC 100, 101/101H, 103, 114 (F19), 115, 121/121H, 125, 145, 170, 211			
SOC 101/101H, 102, 103, 105, 120, 130, 140, 145, 207, 230, 232, 240, 250			

History, Constitution and American Ideals Requirement

All CSU campuses have a *graduation requirement* in History, Constitution and American Ideals. Students may be certified as completing this requirement by completing **one** course from Group I and **one** course from Group II; or by completing the course in Group III.

	C	IP	N
Group I: (select one) HIST 110/110H, 116/116H, 141/141H, 145/145H and			
Group II: (select one) HIST 111/111H, 117/117H (F16), 142/142H, 146, 165 or			
Group III: PLSC 102			

These courses may be used to satisfy the Area D requirement.

AREA E—Lifelong Learning & Self-Development

Select **one** course. A minimum of 3 units is required.

	C	IP	N
BUS 136 (F13); BTEC 107			
CHLD 113 (F11), 205 (F11), 235			
COUN 100			
CSIT 160 (F22), 165			
GERO 101 (F11); HEAL 101, 222 (F19)			
INTR 100			
LIBR 201/201H (F19)			
NUTR 100/100H, 105, 125			
PSYC 100 (F11), 115, 121 (F11)/121H, 145, 170; SOC 145			

AREA F—Ethnic Studies†

Select **one** course. A minimum of 3 units is required.

	C	IP	N
CCS/SOC 232			
ETHN/SOC 207			

IMPORTANT INFORMATION & FOOTNOTES

This general education certification pattern can be subject to change year by year, but students are assured that courses taken to meet this pattern will be honored if they are approved for the academic year that the course is completed. **Courses on this list are approved effective Fall 2022 and are valid through Summer 2023.**

Certification of this general education pattern is not a CSU admission requirement, except when students are completing an Associate Degree for Transfer to a California State University. Students are strongly advised to work with a MiraCosta College counselor to develop an educational plan that includes general education and major preparation course work.

Credit will not be awarded for both the honors and non-honors version of a course.

Courses listed in two different areas may be used in either area but not both.

() Course approved beginning semester and year indicated. Course taught on campus prior to CSU GE approval.

Consistent with CSU admission policies, MiraCosta College will certify courses in Area A or B4 that have been completed with a minimum grade of "C-" or better.

†Effective for students beginning at MiraCosta or a CSU campus in Fall 2021 and beyond. Students with continuous enrollment (attendance in at least one semester per calendar year at a CSU or CCC or a combination of the two) prior to Fall 2021 may choose to complete the Plan B pattern without Area F and with the 9 unit Area D requirement.

LEGEND: C=Completed IP=In Progress N=Need

PROGRESS: Total Units Completed:

In Progress:

Need:

MIRACOSTA COLLEGE

Plan C: Advisement Sheet

Intersegmental General Education Transfer Curriculum (IGETC) for CSU and UC • Fall 2022–Summer 2023

AREA 1—English Composition

UC: Two courses are required. Select **one** course from group 1A and **one** course from group 1B.
CSU: Three courses are required. Select **one** course from each group (1A, 1B, and 1C).

1A. English Composition (a minimum of 3 semester units)	C	IP	N
ENGL 100/100H			
1B. Critical Thinking—English Composition (a minimum of 3 semester units)	C	IP	N
ENGL 201/201H, 202/202H			
1C. Oral Communication—CSU ONLY (a minimum of 3 semester units)	C	IP	N
COMM 101, 106, 207 (F'10)			

AREA 2A—Mathematical Concepts & Quantitative Reasoning

One course and a minimum of 3 semester units are required.
 Select **one** of the following courses:

	C	IP	N
BTEC 180/180H; BUS 204/204H; CSIT 123; MATH 103/103S (F'22), 112, 115, 126, 131/131H, 150/150H, 155/155H, 260/260H; PSYC 104/104H; SOC 104/104H, 125			

AREA 3—Arts & Humanities

Three courses and a minimum of 9 semester units are required.
 Select **one** course from group 3A and **one** course from group 3B.
 Select a **third** course from either group 3A or 3B.

3A. Arts:	C	IP	N
ART 104, 157, 158, 159/159H, 201, 234, 254, 258, 259, 260/260H, 290 (F'13); DESN 107, 108			
DNCE 100/100H, 101/101H, 105/105H			
DRAM 105, 134, 222			
FILM 101 (F'10)/101H, 106, 111/111H (F'19), 112/112H (F'19)			
MAT 105			
MUS 112 (F'19), 113, 114 (F'09), 115, 116, 119/119H			
3B. Humanities:	C	IP	N
ART 159/159H			
CCS/SOC 232			
COMM 215			
DESN 108			
DNCE 104			
FILM 111/111H (F'19), 112/112H (F'19), 211/211H (F'19), 212/212H (F'19)			
FREN 121 (F'19), 201, 202; GRMN 121, 201			
HIST 100 (F'11)/100H (F'11), 101 (F'11)/101H (F'11), 103/103H, 104/104H, 115/115H			
HUMN 101/101H, 201, 202, 205			
ITAL 121, 201, 202; JAPN 121, 201, 202, 210 (F'16)			
LIT 101, 120, 122 (F'22), 250/250H, 251/251H, 260/260H, 261/261H, 265/265H, 270/270H, 271			
MAT 105			
PHIL 101/101H, 102, 221; RELG 101/101H (F'19), 103 (F'19), 105			
SPAN 201, 202, 205, 221			

AREA 4—Social & Behavioral Sciences

Three courses and a minimum of 9 semester units are required.
 Select **three** courses from at least **two** disciplines.

	C	IP	N
ADM 100/100H, 200 (F'11)			
ANTH 102/102H, 103 (F'16), 104, 105/105H, 107 (F'19), 190/190H (F'19)			
BLST 240			
CCS 230, 232			
CHLD 112 (F'22), 113 (F'11), 210 (F'11), 235			
COMM 120, 135, 220			
CSIT 160, 165			
ECON 100, 101, 102; ETHN 207			
GEOG 102, 104, 108; GERO 101, 250			
HIST 100/100H, 101/101H, 102/102H, 105/105H, 106/106H, 107, 110/110H, 111/111H, 113/113H, 115/115H, 116/116H, 117/117H, 141 (F'10)/141H, 142 (F'10)/142H, 145 (F'10)/145H, 146 (F'10)/146H, 165			
NUTR 108			
PLSC 101/101H, 102 (F'09), 103, 150			
PSYC 100, 101/101H, 103, 114 (F'19), 115 (F'12), 121, 125, 145 (F'11), 170, 211 (F'14)			
SOC 101/101H, 102, 103, 105, 120 (F'10), 130, 140, 145 (F'11), 207 (F'10), 230, 232, 240			

AREA 5—Physical & Biological Sciences

Two courses and a minimum of 7 semester units are required. Select **one** course from group A and **one** course from group B. One course must include a corresponding laboratory. (Lab courses are highlighted.)

5A. Physical Science:	C	IP	N
ASTR 101, 101L, 120 (F'13), 201			
CHEM 103 (F'19), 103L (F'19), 112, 115/115H, 116, 140, 150/150H, 151/151H			
EART 106			
GEOG 101, 101L			
GEOL 101/101H, 101L			
OCEA 101/101H, 101L			
PHSN 101, 106, 108/108H			
PHYS 111, 112, 151/151H, 152/152H, 253/253H			
5B. Biological Science:	C	IP	N
ANTH 101/101H, 101L/101LH, 105/105H, 190 (F'19)/190H (F'19)			
BIO 102, 103, 104, 105, 106, 107, 108, 109, 110, 111, 111L, 202, 204/204H, 220, 230 (F'19)			
HORT 115 (F'16), 116 (F'10)			
PSYC 260			
5C. Laboratory Activity:	C	IP	N
This requirement may be met by the completion of any lab course above in 5A or 5B. (Lab courses are highlighted.)			

AREA 6—Language Other Than English (UC only)

This proficiency may be met by having completed two years of high school course work in a language other than English with a "C-"* or better or by selecting **one** of the following courses:

	C	IP	N
FREN 101; GRMN 101; ITAL 101, 103; JAPN 101; SPAN 101, 221			

For all approved courses see Assist.org

CSU Graduation Requirements

History Constitution and America Ideals:

Select **one** course from Group I and **one** course from Group II.
 These courses may be used to partially satisfy the Area 4 requirement.

	C	IP	N
Group I: HIST 110/110H, 116/116H, 141/141H, 145/145H			
and			
Group II: HIST 111/111H, 117/117H (F'16), 142/142H, 146, 165			
or			
Group III: PLSC 102			

IMPORTANT INFORMATION & FOOTNOTES

This general education certification pattern can be subject to change year by year, but students are assured that courses taken to meet this pattern will be honored if they are approved for the academic year that the course is completed. **Courses on this list are approved effective Fall 2022 and are valid through Summer 2023.**

IGETC is not a UC admission requirement but is advantageous to most transfer students. Students are strongly advised to work with a MiraCosta College counselor to develop an educational plan that includes general education and major preparation course work specific to the intended UC campus. Certification of IGETC, including Area 1C, Oral Communication, is an admission requirement for the California State University system, when students are completing an Associate Degree for Transfer and using IGETC to fulfill the general education component of this degree.

All courses on IGETC must be completed with a "C" or better. A "P" (pass) is acceptable, but UC permits no more than 14 semester transferable units to be completed on a pass/no pass basis.

UC credit may be limited for some courses. For example, no credit is given for an introductory course if it is taken after a more advanced college course. Credit may also be limited for courses with overlapping content. In addition, duplicate credit will not be awarded for the honors and non-honors versions of a course. UC credit limitations are noted on the catalog course descriptions.

Courses listed in two different areas may be used in either area but not both.

() Course approved beginning semester and year indicated. Course taught on campus prior to IGETC approval.

*Grades of "C-" are not acceptable except for high school language courses.

LEGEND: C=Completed IP=In Progress N=Need

PROGRESS: Total Units Completed: In Progress: Need: